

AUTUMN COOKING



Foraging for natural ingredients is not only fun but can turn out as some seriously delicious recipes. The mice of Brambly Hedge love a good forage, preserving their fruit as jams and turning their vegetables into yummy dishes. Here's one we recommend for you to try!

Rosehip Pickle

Ingredients

11b (450g) rosehips: top, tail and seeds re-

moved. 1 x pint cider vinegar

11b x cooking apples, peeled, cored and

chopped

1/2 lb of sultanas

2 x tsp of grated fresh ginger

1/2 clove garlic, very finely chopped

1/2 lb of brown sugar

Juice of 1 x lemon and the grated zest of half

a lemon





Directions

- 1. Soak the rosehips, sultanas and apples in the cider vinegar overnight.
- 2. Put all the ingredients in a large, heavy saucepan.
- 3. Bring the mixture to a boil, then reduce the heat and simmer, stirring occasionally, until the mixture is thickened.
- 4. Pot the chutney into hot sterilised jars.
- 5. Cover the jars with plastic-lined lids, or cellophane.
- 6. Store for a good four weeks before using.
- 7. After patiently waiting tuck in and enjoy! Mmm well-deserved!

